

**Ten** classic Brain Awareness Week **brain teasers** for puzzlers of **all ages**!

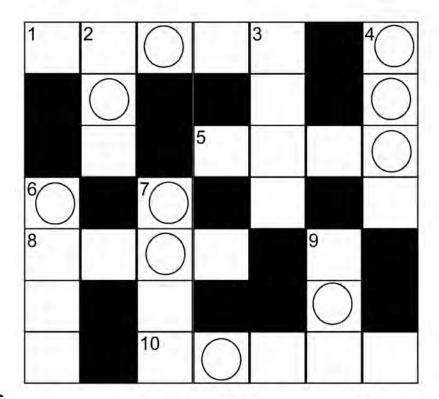




### "Word Scramble"

Solve the puzzle by looking at the clues and unscrambling the answers. Then fill in the answers on the grid below. The circled letters will give you the answer to this question:

### What do you call a bright idea?



### **ACROSS**

| 1. A machine that thinks is a       | TROOB |
|-------------------------------------|-------|
| 5. Use your                         | EBAN  |
| 8. The more you learn, the more you | WONK  |
| 10. Word games can make you         | STRAM |

### DOWN

| 2. It's in a boat  | ARO  |
|--------------------|------|
| 3. Apple or oak    | RETE |
| 4. Telephone sound | GRIN |
| 6. It covers you   | SINK |
| 7. They spin       | POST |
| 9. Make a mistake  | RER  |

### "NAME GAME"

Your brain is always learning -- and school is your best opportunity to concentrate on increasing your knowledge and brainpower. Here's a rhyming puzzle to put your brain to the test. Each clue has a two-word answer that rhymes; all you have to do is fill in the correct letters.

Here's an example: when your head hurts, you might call it a *brain pain*. See how many of the following rhymes you can guess.

| 1. Ge  | tting a  | good           | educat        | tion giv | es you   | ı a     |        |  |      |   | _ |          |          |    |
|--------|----------|----------------|---------------|----------|----------|---------|--------|--|------|---|---|----------|----------|----|
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
| 2. Tir | ed fro   | m crar         | nming         | for tes  | sts      |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   | 1 |          |          |    |
| 3. An  | exam     | ple wo         | uld be        | , don't  | talk in  | class.  | ••     |  |      |   | 1 |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
| 4. W   | hat edi  | ucation        | n does        | that's   | import   | tant    |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
| 5. A k | orain tl | nat's le       | arned         | its less | sons do  | oes thi | s with | no tro                                       | uble |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        | 1        | 1              | 1             | 1        | <u> </u> |         |        | <u> </u>                                     | 1    | 1 | 1 | <u> </u> | <u> </u> | Į. |
| 6. Do  | ing yo   | <u>ur ho</u> n | <u>newo</u> r | k ever   | yday m   | nakes y | ou a   | <u>.                                    </u> |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |
|        |          |                |               |          |          |         |        |  |      |   |   |          |          |    |

### "WORD SEARCH"

Word search puzzles can be a lot of fun. The letters look all mixed up, but hidden among them are many words that describe the things you can do with your brain.

See how many brain activities you can find and circle. The words can read across, up, down, or diagonally. If you can locate all 12 words, you're really using your brain!

| O | Α | S | В | R | Ε | Α | D | С | D |
|---|---|---|---|---|---|---|---|---|---|
| T | Ε | Ε | X | L | Z | 0 | Р | Ν | R |
| Н |   | Ε | W | Н | S | В | Α | Р | K |
|   | Ε | Α | В | С | 0 | T | D | E | Ν |
| Ν | F | Α | D | G | S | Р |   | J | 0 |
| K | K | L | R | R | M | Ν | Ε | T | W |
| 0 | G | U | Ε | S | S | Р | Q | Α | R |
| S | T | D | Α | U | F | Ε | E | L | V |
| W | Ν | X | M | Υ | Z | Α | В | K | С |
| U | D | В | Ε | L |   | Ε | V | Ε | F |

Word search puzzle words to find:

| SEE  | TALK  | GUESS      |
|------|-------|------------|
| HEAR | HOPE  | DREAM      |
| READ | KNOW  | BELIEVE    |
| FEEL | THINK | UNDERSTAND |

### "FORMING WORDS"

This puzzle gives you five key words to work with. Each key word can be inserted in one or more of the letter groups below to unlock a new word.

Key words:

BRAIN HEAD IDEA MENTAL

First, add one of the key words above to the letters below in order to form a word. Then draw a line matching each word to its meaning in the right-hand column.

| (     | ) I E S T |       | (outlook)            |
|-------|-----------|-------|----------------------|
| DOUBL | E (       | ) E R | (kind of combat)     |
| (     | ) I T Y   |       | (essential)          |
| (     | )LLY      |       | (it's a snap!)       |
| ELE(  | )         |       | (baseball bonus)     |
| (     | ) TO (    | )     | (most intelligent)   |
| NO(   | ) E R     |       | (secret retreat)     |
| H (   | ) W A Y   |       | (in a perfect world) |

## "Q.E.D."

Unscramble the ten words below by rearranging the order of the letters -- then fill them in the spaces above to find out why it's useful to exercise your brain on games and puzzles!

LAMENT SKID

HERCARES RATE

MEGAS RENAL

SWORD TARTS

MUTILATES PHASE

| Everyone knows that         | brains continue to a                    | and |
|-----------------------------|---|-----|
| grow, but new               | suggests that even the brains of old    | der |
| adults are not "frozen." TI | hey respond well to exercise su         | ıch |
| as involving                | like the ones that follow here. It is a | lso |
| useful to your se           | nses and to seek out new experienc      | es. |
| your brain worko            | uts now and get yourself in             | lt  |
| works, as will be shown -   | or as they say in Latin, "quod          |     |
| demonstrandum"!             |   |     |

## "P.D.Q. KIDS"

Have you ever done word search puzzles? You might think your eyes are doing all the work, but it's your brain that finds the words in what looks like a bunch of mixed up letters.

In fact, your brain does a lot -- and all the words in this puzzle are things you couldn't do without it! See how many brain activities you can find and circle. The words can read across, up, down, or diagonally. If you find more than 12 words, you're P.D.Q: "Pretty Darn Quick"!

| В | С | L | Н | Е | Α | R | Т | W | 1 |
|---|---|---|---|---|---|---|---|---|---|
| E | Α | Q | O | R | P | R | E | Α | D |
| T | Т | Z | S | S | В | U | D | L | R |
| S | С | S | W |   | Т | Α | L | K | Е |
| Α | Н | M | X | R | N | Α | С | K | Α |
| T | V | Ε | Α | Е | R | G | N | Y | M |
| N | M | L | V | F | Α | Α | Z | D | F |
| G | I | L | S | L | Ε | Ε | Р | D | Т |
| E | 0 | F | Е | Е | L | W | Р | Α | T |
| S | Н | L | Е | 0 | V | F | E | L | O |

### "SCRAMBLED LETTERS"

### **BRAIN SCIENCES**

Neuroscience is the scientific study of the brain and its functions. It takes a lot of studying to become a neuroscientist. In fact, you'll study many different sciences on your way to understanding the human brain.

What sciences will you study? Some of the answers are given in the scrambled words below. Each clue tells you what kind of knowledge you will acquire in the "scientific" answer. There's a lot to learn -- but if you study hard, you'll make the grade!

| В | LYIOGO          | (the study of living things)  |
|---|-----------------|---|
| Р | SICSHY          | (the study of matter and energy)  |
| M | INECEDI         | (the study of health and sickness)  |
| N | Y O L G R O E U | (the study of the nervous system)   |
| Р | CLYOSGOYH       | (the study of the behavior of humans and animals related to mental processes) |

### "New Game"

Did you know that when large numbers of smart people leave one country to work in another, it's called a brain drain? Use your head to come up with other "name game" rhyming expressions based on the following clues. If you get three or more, you are clever indeed - and four or more puts you in right in the middle of genius territory (brain terrain)!

| He       | ada   | iche | )     |              |      |      |      |      |      |          |  |  |
|----------|-------|------|-------|--------------|------|------|------|------|------|----------|--|--|
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Ch       | ief ( | gen  | ius   |              |      |      |      |      |      | J        |  |  |
| <u> </u> | <br>[ |      |       |              |      |      |      |      |      |          |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Sin      | nple  | e mi | ind   |              |      |      |      |      |      |          |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Sm       | art   | folk | ks ir | า M          | adr  | id   |      |      |      |          |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Fas      | st le | earr | ner ( | on t         | the  | job  |      |      |      |          |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Tui      | ne y  | /ou  | car   | ո't <u>c</u> | get  | out  | of y | you  | r he | ead      |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |
| Wh       | at a  | a ne | euro  | olog         | ју р | rofe | ess  | or c | loes | <u> </u> |  |  |
|          |       |      |       |              |      |      |      |      |      |          |  |  |

### "HIGH Q"

Our brains are essential to us because they make us who we are -- and they also help us perform the "higher functions" that make us human.

Starting with each letter to the left, see if you can unscramble the rest of the letters to fill in these five higher functions that the brain can perform — and imagine what life would be like if our brains couldn't do them!

# "Q & A"

Here's a puzzle that can test your mental agility: what third word follows each of the first two words to complete a compound word or a familiar two-word phrase?

Example: if the clue words are "BRAIN" and "THUNDER," the word that completes both compound words or phrases might be "STORM": Brainstorm and Thunderstorm.

#### "SCRAMBLED LETTERS" answers:

Biology (the study of living things)

Physics (the study of matter and energy)

Medicine (the study of health and sickness)

Neurology (the study of the nervous system)

Psychology (the study of the behavior of humans and

animals related to mental processes)

#### "NAME GAME" answers:

1. SMART START

2. BRAIN DRAIN

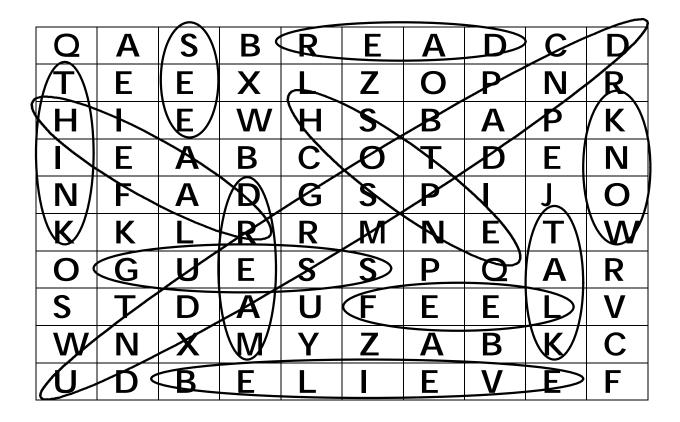
3. SCHOOL RULE

4. TRAINS BRAINS

5. PASSES CLASSES

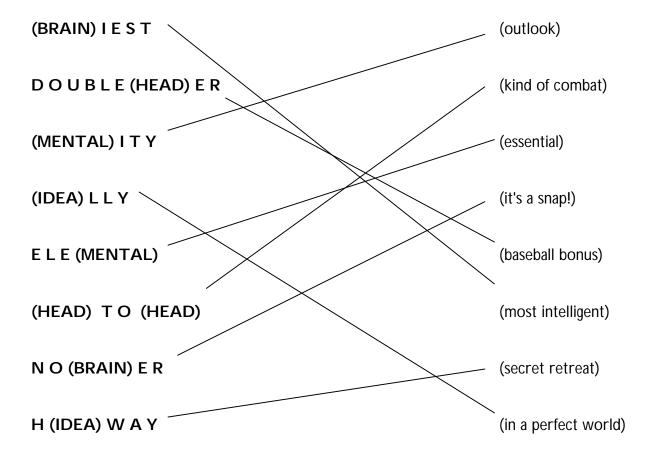
6. PRUDENT STUDENT

### "WORD SEARCH" Answer Key



SEE TALK GUESS
HEAR HOPE DREAM
READ KNOW BELIEVE
FEEL THINK UNDERSTAND

### "FORMING WORDS" answers:



# PUZZLE ANSWERS

#### Answers for "Q.E.D":

Everyone knows that KIDS' brains continue to LEARN and grow, but new RESEARCH suggests that even the brains of older adults are not "frozen." They respond well to MENTAL exercise such as GAMES involving WORDS like the ones here. It is also useful to STIMULATE your senses and to seek out new experiences. S T A R T your brain workouts now and get yourself in S H A P E . It works, as will be shown -- or as they say in Latin, "quod E R A T demonstrandum"!

#### Answers for "P.D.Q. Kids"

| В   | (  | L   | H   | E | Α | R   |   | W | 1 |
|-----|----|-----|-----|---|---|-----|---|---|---|
| E   | Α  | Q   | 0   | R | Р | R   | Е | Α |   |
| Т   | T  | Z   | (5) | S | В | U   | D | L | R |
| S   | С  | S   | W   | 1 |   | Α   | T | B | Е |
| Α   | H  | М   | Х   | R | 1 | A   | С | K | Α |
| J   | ٧  | Ε   | A   | E | R | (3) | N | Y | M |
| N   | М  | 4   | V   | F | Α | Α   | Z | P | F |
| G   | 1/ | (1) | (8) | L | Ε | Е   | P | D | Т |
| E   | 0  | F   | Е   | Ε |   | W   | Р | A | Т |
| (\$ | H  | L   | E   | 0 | ٧ | F   | Ε | L | 0 |

| Annuara | MAIned | Caramble" | A = 01110 = 0 | "NI | C"   |
|---------|--------|-----------|---------------|-----|------|
| Answers | vvora  | Scramble" | Answers       | New | Game |

ACROSS:

1. ROBOT

5. BEAN

8. KNOW

10. SMART

DOWN:

2. OAR

3. TREE

4. RING

6. SKIN

7. TOPS

9. ERR

TITLE WORD: BRAINSTORM

1. BRAIN PAIN

2. MAIN BRAIN

3. PLAIN BRAIN

4. SPAINS BRAINS

5. BRAINY TRAINEE

6. BRAIN REFRAIN

7. EXPLAINS BRAINS

### Answers for "High Q":

BALANCE REMEMBER ANALYZE IMAGINE happen

To walk upright To know where you're going To understand information To foresee what might

### Answers for "Q & A":

Think / Army Tank Head / Jump Start Thought / Hot-air Balloon Intelligence / Talent Agent Mind / Speed Reader Mental / San Francisco Giant Smart / Chocolate-chip Cookie Memory / River Bank Rational / Phone Number Brain / Micro Wave