

Kimberly A. Furlong Registered PT, MSc.PT, BScPT

Newfoundland Balance & Dizziness Rehab Inc.
o/a NL Balance & Dizziness Centre
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Profile

Extensive experience in inter-disciplinary health care and teamwork, student clinical education coordination and non-profit organization development and management. Career has provided opportunities to work in both public and private, urban, rural and community settings within multiple disciplines, agencies and varied age groups in both the Canadian and American health care environment. An effective communicator, volunteer and lifelong learner with proven leadership skills.

Education

1988 Bachelor of Science Degree - Physiotherapy (Dalhousie University, Nova Scotia)
2000 Masters of Science Degree - Physiotherapy (Dalhousie University, Nova Scotia)

Professional Experience

NL Balance & Dizziness Centre, St. John's, Newfoundland & Labrador 2013- Present

Lead Physiotherapist & Owner

- *Provider of specialized physiotherapy services and multidisciplinary care for clients in NL living with dizziness and imbalance.*

School of Physiotherapy Dalhousie University, Halifax, Nova Scotia 2015- 2018 & 2022 - 2026

Adjunct Professor (Clinical)

- *Academic appointment to the Faculty of Health Professions for the clinical education of physiotherapy students at Dalhousie.*

iBIKE CAMP Inc, St. John's, Newfoundland & Labrador 2014- present

Director

- *Founder and director of an inclusive learn to cycle program for children and adults with physical or neurodiverse disabilities providing summer camps for learn to ride programs.*

Memorial University of Newfoundland, St. John's, Newfoundland & Labrador 2009-2017

Clinical Education Coordinator Physiotherapy

- *The primary purpose of this position is to coordinate and develop all aspects of physiotherapy student clinical education in Newfoundland and Labrador.*

Dynamic Physiotherapy Services, St. John's, Newfoundland & Labrador **2008-2016**

Physiotherapist

- *Responsible for the development and implementation of vestibular rehab services for clients with vestibular disorders living in Newfoundland and Labrador.*

No Limits Limb Loss Foundation, Wales, Maine, USA **2005 - 2014**

Program Developer/Camp Physiotherapist

- *Responsible for multiple aspects of the foundations functioning including program development and implementation, fundraising/grant writing, marketing and volunteer recruitment/management for the foundation's "CAMP NO LIMITS" located in seven states in the USA and providing therapy, education and resources to children and their families living with limb loss.*

Maine General Medical Center, Waterville, Maine, USA **1998 – 2008**

Senior Physiotherapist

- *Clinical lead in the provision of rehab services for an outpatient rehab hospital along with development of a community based interdisciplinary "Balance and Falls Program" and a public relations health education program called "House Calls" for the community.*

Health Care Corporation of St. John's, St. John's Newfoundland **1991 – 1998**

Senior Physiotherapist III

- *Clinical lead in the provision of acute neurological and neurosurgical services including coordination of student clinical education and supervision of staff physiotherapists, support and clerical staff.*

St. Clare's Mercy Hospital, St. John's, Newfoundland **1988 - 1991**

Physiotherapist II

- *Clinical lead on an inpatient rheumatological service working with a multi-disciplinary team and developing educational and therapeutic programs to provide specialized services to clients from Newfoundland and Labrador.*

Professional Memberships/Licences

- Canadian Physiotherapy Association
- Newfoundland and Labrador Physiotherapy Association
- Newfoundland and Labrador College of Physiotherapists
- Vestibular Disorders Association (VEDA)
- Balance & Dizziness Canada
- Bicycle Newfoundland & Labrador
- Parkinson Society Newfoundland & Labrador
- Cycling Canada

Professional Development

- Combined vestibular & cerebellar disease and the utility of the VVOR and VORS 2023
- Identifying vestibular loss in head & brain trauma (Hearing & Balance Academy) 2023
- Assessing the Dizzy Patient (Diatec Canada) 2023

- Improve your workflow with Otosuit Vestibular Software for ICS Impulse 2022
- Vestibular Testing Master Class (Hearing & Balance Academy) 2022
- A Brief Introduction to Vestibular Rehabilitation (Bernard Tonks) 2022
- Introduction to BPPV (Bernard Tonks) 2022
- Vision in Vestibular Rehabilitation & Concussion (Bernard Tonks) 2022
- APTA International Conference on Vestibular Rehab (Minneapolis, USA) 2022
- vHIT-Best Practice Tips for Assessment & Management (Erica Zaia). 2021
- Videonystagmography (VNG) & VHIT Training Course (30hrs) (Erica Zaia UBC) 2021
- Portable Neuromodulation Stimular (PoNS) Certification (Helix Medical) 2020
- Exercise Prescription for Cervical Spine Dysfunction (Carol Kennedy) 2019
- Sprockids Instructional Leader Certification 2019
- ImPACT Concussion Certified Physical Therapist (ImPACT Applications) 2017
- Concussion Health Summit (Concussion Health) 2017
- Acute Management of Sport-Related Concussion (R2P Concussion) 2017
- Advanced Management of Post-Concussion Syndrome (R2P Concussion) 2017
- Concussion Management Workshop (Shannon McGuire Ottawa, ON) 2016
- Dr. Rocabado Cranio-Fascial Pain Management (St. John's, NL) 2014
- Emory University Vestibular Competency Certification 40hrs (LA, California) 2013
- Concussion Management (Saskatoon, Saskatchewan) 2012
- Connecting Inter-professional Education and Practice (St. John's, NL) 2011
- Advanced Vestibular Rehab 14 hrs (CPA Conference St. John's, NL) 2010
- Inter-professional Education Dalhousie University (Halifax, NS) 2009
- Walk-Aide by Innovative Neurotronics (Waterville, ME) 2007
- C-leg Prosthetic Road Show by Ottobock (Bangor, ME) 2005
- Advanced Amputee Gait (Robert Gailey, Portland, ME) 2004
- Amputee Rehab (Robert Gailey, Chicago, IL) 2003
- Vestibular Rehab (Faye Horak, Halifax, NS) 1998
- Advanced NDT Gait Certification (Halifax, NS) 1997
- Spinal Cord Injury Management (Rehab Institute of C, Chicago, IL) 1993
- NDT 3-week Certification (Winnepeg, Manitoba) 1991
- Rheumatology Management (Toronto, ON) 1990
- Chedoke-McMaster Stroke Evaluation (Kelly Gowland, Halifax, NS) 1989

Presentations

- VOXM Radio Interview with Dr. Mark Wall: Exercise & Parkinson's Disease 2023
- Parkinsons Society of NL: "Exercise and Parkinson's Disease" 2023
- St. John's Soccer Association: "Prevention of ACL and sport concussion" 2023
- WorkplaceNL: "Concussion management of the Injured Worker" 2022
- Tiffany Village Seniors Home: "Fall Prevention: Best Practices" 2022
- "Concussion Talk" Podcast: "Balance & Dizziness in Brain Injury" 2021
- NL SLP/Audiologists: "Dizziness & Balance Rehabilitation" 2021
- Central Health Audiology: "BPPV Best Practices" 2021
- Pharmacists Association of NL Conference: "An overview of Concussion Management:Best Practice Guidelines" 2019

- National Association of Federal Retirees: “Fall Prevention” 2019
- Rotary Club of Avalon Northeast:
“Services Available at NL Balance & Dizziness Centre” 2019
- Janeway Childrens Hospital Grand Rounds:
“Pediatric Concussion: Physiotherapy Assessment & Treatment” 2018
- Canadian Hard of Hearing Association NL: “Vestibular Conditions:
Assessment & Treatment” 2018
- NL Counsellors & Psychologists Association (NLCPA) “ Return to Learn
Post Concussion Syndrome: Best Practice and Role of School Educators in
Concussion Recovery” 2018
- Academy Canada: “Vestibular Rehabilitation” 2018
- Intact Insurance: Concussion: “Consideration from an Insurer’s Perspective,
Services & Claimant Referrals” 2018
- National Conference of Rural/Remote Physicians of Canada:
“Vertigo-Best Practices for Diagnosis & Treatment” 2018
- AC Hunter Public Libraries: “Fall Prevention Measures” 2017
- NTV News: “Places to Go with Sharon Snow” 2017
- Healthy Living Show 2017

Research Collaborations

- Pragmaclin “PRIMS” Software to Diagnosis Parkinsons Disease Project 2023
- Memorial University of NL Clinical Trials of PoNS for Multiple Sclerosis Project 2020-2021
- Memorial University of NL Genomic Research Centre Hearing & Balance Project 2016-2023

Awards, Grants & Achievements

- \$15,000 grant Cycling Canada’s Community Sport for all Initiative (CSAI) 2023
- National Coaching Certification Program (NCCP) Cycling Canada 2023
- Physiotherapy Preceptor Award (Dalhousie School of Physiotherapy) 2022
- Outstanding Clinical Contribution Award (Dalhousie School of Physiotherapy) 2022

Volunteer Activities

- Fighting blindness Cycle for Sight 2023
- Parkinsons Annual Shake Rattle & Stroll Fundraiser 2016-Present
- Parkinson Society of NL 2016-Present
- iBIKECAMP Inc 2013-Present
- MS Walk Every Step Matters 2018
- Member Mount Merici School Fund Raising Committee 2003-2007
- Founder/President Waterville Amputee Support Group 2002-2007
- NL Branch of the Parkinson Foundation of Canada 1988-1998