



Inclusive Cycling Program

WHAT IS iBIKE CAMP?

- A *learn-to-ride* program for people with intellectual or physical disabilities
- iBIKE incorporates a variety of teaching methods, games, and bike modifications
- Led by volunteer physiotherapists, occupational therapists, kinesiologists and students who have an understanding of skill development and addressing challenges with learning to ride

WHO CAN ATTEND?

- Anyone 6+ who is having difficulty learning to ride a bike

WHEN & WHERE?

- 1) June 24, 2023
- 2) July 29, 2023
- 3) August 19, 2023
- 4) September 23, 2023
- 5) September 30, 2023

Pearlgate Track & Field Complex, 120 Old Placentia Road, Mount Pearl, NL

HOW TO REGISTER?

- *Step 1:* Email Rebekah at IBIKECAMP.com and complete our registration form. Fee to register: \$45.00.
- *Step 2:* Show up, bring your bike and helmet if you have one, and try your best!